

Module 4 – Tools Mentioned in This Lesson

Recording with Confidence

This document lists all tools and resources mentioned in Module 4.
All tools are optional. Focus on comfort, clarity, and practice — not perfection.

Recording Equipment

Smartphone Camera

Used for:

- Talking-head videos
- Seated or standing recordings
- Horizontal (YouTube) and vertical (Shorts/Reels) formats

Modern smartphones are fully capable of professional-looking footage.

Tripod / Phone Stand

Used for:

- Stable framing
 - Consistent camera height and angle
 - Reducing shaky footage
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Audio Support (Briefly Referenced)

Lavalier (Clip-On) Microphone

Used for:

- Clear voice recording
- Reducing room noise
- Freedom to move naturally while speaking

Framing & Camera Techniques

Grid Lines (Built-in Camera Feature)

Used for:

- Keeping the frame straight
- Applying the rule of thirds
- Improving composition and balance

Most smartphone cameras allow grid lines to be enabled in settings.

Confidence & Speaking Practice

Orai

Used for:

- Practicing delivery before recording
- Improving pacing and clarity
- Reducing filler words

Official site: <https://orai.com>

Microsoft Speaker Coach

Used for:

- Feedback on tone and rhythm
- Identifying speaking habits
- Building confidence through practice

Official guide: <https://support.microsoft.com>

Visual Environment & Movement

Lighting Setup (From Module 3)

Used again for:

- Consistent exposure while recording
 - Maintaining visual quality across takes
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Body Positioning & Movement

Used for:

- Natural delivery
- Avoiding stiffness on camera
- Maintaining energy and connection

Simple movements and relaxed posture make recordings feel more human.

Final note

Confidence on camera comes from repetition, not talent.
The goal is progress, not a perfect take.